# 4<sup>th</sup> October 2020 TWENTY-SEVENTH SUNDAY IN ORDINARY TIME, YEAR A

'Never worry about anything; but tell God all your desires of every kind in prayer and petition shot through with gratitude, and the peace of God which is beyond our understanding will guard your hearts and your thoughts in Christ Jesus.'

(Philippians: 4:6-7)

# Immaculate Conception Church

Within the Pastoral Area of Southampton East 346 Portswood Road, Southampton, SO17 3SB Tel: (023) 8055 5470

Website: www.immaculateconception.church Email: portswood@portsmouthdiocese.org.uk Facebook: Immaculate Conception Church, Portswood Twitter: @ic\_portswood

## Parish Priest: Fr Antony Gatt

Hospital Chaplaincy: (023 8120 8517)
University Chaplain: Sr Valentina Stilo (07983 883377)
Safeguarding Officer: Pat Saunders (08044 2189)
Parish Secretary: Rachel Brady (023 8055 5470)

# **Enquiries re the Sacraments:**

please make an appointment by email. **Hall Bookings** are **not** being taken at present.

# **BOOKING TO ATTEND MASS**

PLEASE NOTE due to current government guidelines, available capacity in the church is limited to 40 persons / 14 households except Saturday when it is 24.

Therefore, attendance at mass is advised through the BOOKABLE SYSTEM

Details of how to book a place for Holy Mass are on the last page of this newsletter and on the parish website.

Sun 04 Oct	10 am 5.30 pm	27th Sunday in Ordinary Time Sunday Mass available from 10 am on: Youtube, Face-book & the Parish Website *Saturday Mass is recorded for Sunday	Tina Gibbs RIP  Thelma Haberstock RIP	SUNDAY'S READINGS  1st Reading: Isaiah 5:1-7  Psalm: 79(80):9,12-16,19-20
Mon 05 Oct		Feria	NO SERVICE	<b>2<sup>nd</sup> Reading:</b> Philipp's 4:6-9
Tues 06 Oct	10 am	St Bruno	-	Gospel: Matthew 21:33-43
Wed 07 Oct	_	Our Lady of the Rosary	NO SERVICE	
Thurs 08 Oct	_	Feria	NO SERVICE	CHII DDD
Fri 09 Oct	_	St John Henry Newman	NO SERVICE	CHILDREN'S LITURGY
*Sat 10 Oct	10 am*	St Paulinus of York	Ernest Thomas RIP	https://www.dropbox.com/s
	10 am	28 <sup>th</sup> Sunday	Fr Paul Spellman RIP	/pbteghggcdl0gzi/Children%
Sun 11 Oct	5.30 pm	Ordinary Time	-	27s%20Liturgy%20Video%20 04.10.20.mp4?dl=0

#### SPIRITUAL COMMUNION

My Jesus, I believe that You are present in this Holy Sacrament of the altar. I love You above all things and I passionately desire to receive You into my soul. Since I cannot now receive You sacramentally, come spiritually into my soul so that I may unite myself wholly to You now and forever. Amen

#### The Parish Bank Account details are:

Name: PRCDTR Immaculate Conception Church Sort Code: 30-93-04 Account No: 00887995 For donations please give a reference e.g: ERF = Emergency Relief Fund,

GEN = General Fund (offertory collection), followed by your gift aid number if you donate in this way

Thank you for your support and patience at this time

### Contacting the parish ......

The Parish Office is open on Tues, Weds and Thurs, 9.30 am – 4 pm. Please make contact during these hours wherever possible. For non-urgent matters please send an email to

portswood@portsmouthdiocese.org.uk

Unless it is an emergency, please keep calls/emails to a minimum on Mondays as this is Fr Antony's day off.

# My dear Friends:

How wonderful to be with you all again! The break was exactly what I *needed*! I guess rolling from the replacement of the church's roof into Lockdown, Covid19, online ministry, reopening the church etc., took its toll. I spent the first nine days sleeping. Thank God, I am now feeling both renewed and restored. Thank you for your prayers and support.

I should like to say a very special *thank you* to Fr. Shaun for celebrating the Eucharist while I was away. His ministry has been greatly appreciated. I have had great feedback from many people, including my family, who found his celebration of the Eucharist and his homilies inspiring and extremely helpful. Shaun, thank you!

This Sunday's Gospel ends with quite a challenge:

Jesus said to them, "Did you never read in the Scriptures: The stone that the builders rejected has become the cornerstone; by the Lord has this been done, and it is wonderful in our eyes? Therefore, I say to you, the kingdom of God will be taken away from you and given to a people that will produce its fruit."

The message of today's gospel is not just an historical message aimed at a religious group which lived a few thousand years ago. The same message is addressed to us in the here and now. It is asking the questions: in my daily life, what am I producing?

Flowing from the reservoir of the loving and compassionate God who dwells within me, (i) do my words illumine with hope and healing the darkness and brokenness of those around me?; (ii) do my actions lovingly embrace those who feel wounded and marginalised within church and community? What were the first words which left my lips this morning? At the end of my day, did my words and actions inspire others with self-appreciation, self-confidence, hope and well-being? Did they heal the emotionally wounded or depressed? Today's gospel asks us, as tenants of God's vineyard, what seeds are we planting, because these same seeds will be the fruit we shall reap.

Remember me as loving you,

Fr. Antony

#### SECOND COLLECTIONS

THIS SUNDAY, 4<sup>th</sup> October: **CAFOD** 

This weekend our parish is marking CAFOD's Family Fast Day with a special collection at each Mass to help people dealing with the worst of the CORONAVIRUS CRISIS. We've all felt the impact of this terrible disease and we wish to come together to help the poorest and most vulnerable people in our world to *survive*, *rebuild and heal*. Please pray for all those affected and donate on-line through the Cafod website at <a href="www.cafod.org.uk/give">www.cafod.org.uk/give</a> or by using the brown envelopes - please mark them with Cafod and put in the buckets as you leave church today or next week.

Alternatively you can text CAFOD TO 70085 to donate £10 (If you'd like to give £10 but do not wish to receive marketing communications, text CAFODNOINFO to 70085)



# What your donation can do ......

- ➤ £12 can deliver an emergency food package containing essentials like rice, bean and eggs to a family in isolation.
- ➤ £17.70 could buy hygiene packs for three vulnerable families, containing soap, washing powder and reusable face masks.
- ➤ £33 can give a religious leader information about coronavirus, which they can share with their community.
- £135 can install one community handwashing point and train 25 villagers in safe handwashing.

YOU ARE ALSO INVITED YOU TO AN ONLINE EVENT which will share with you the work of CAFOD and Missio over these last few months. This event will discuss the challenges facing our global family in this time of pandemic and how we are responding creatively and keeping hope alive.

Please join this event on **Tuesday 6 October from 4-5pm** for **COVID-19 pandemic and the global response of the Catholic family**.

Click here to register online

# NEXT SUNDAY, 11<sup>TH</sup> October: Apostleship of the Sea



The Apostleship of the Sea is a Catholic charity supporting seafarers worldwide, providing practical and pastoral care, regardless of nationality, belief or race. Our port chaplains and volunteer ship visitors welcome seafarers, offer welfare services and advice, practical help, care and friendship. 90% of world trade is transported by ship. However, the life of a modern seafarer can be dangerous, often working in harsh conditions, and many suffer loneliness, far from home and cut off from their own

culture, family and friends. The Apostleship of the Sea deploys its chaplains in Britain's largest ports, where thousands of seafarers visit each year. Tilbury, Southampton, Felixstowe and Aberdeen are among the busiest. The majority of smaller British ports are also covered using our large network of volunteer ship visitors who work in port teams with their local port chaplain. Each day that our chaplains and ship visitors climb a gangway they can meet any number of different situations. The Apostleship of the Sea relies wholly on voluntary contributions. We are only able to continue our work through the generous donations of our supporters and volunteers.

#### FIRST HOLY COMMUNION DATES OCTOBER 2020

We are delighted that at long last our First Holy Communion children will be making their First Holy Communion during October. Please pray for them and their families. We will be making some seating changes so the children can be nearer the front on their Special Day. We will be in touch over the next few weeks to advise you if this impacts upon your normal seating arrangements for mass.

The dates when First Holy Communion will take place are:

- Sunday 4<sup>th</sup> October, 10.00 am 3 families
- Sunday 11<sup>th</sup> October, 5.30 pm -3 families
- Sunday 18<sup>th</sup> October, 10.00 am 3 families
- Sunday 25<sup>th</sup> October, 10.00 am (half term) 4 families
- Sunday 25<sup>th</sup> October, 5.30 pm 1 family
- Tuesday 27<sup>th</sup> October, 10.00 am (half term)- 1/2 families

There are still a few families yet to arrange their special mass.



#### **USE OF THE HALL FOR EXTRA SEATS AT MASS**

Starting on Sunday 18<sup>th</sup> October at 10.00 am, the recorded Mass (recorded on Saturday) will be shown on the screen in the hall, whilst Mass takes place in the church. Following this recorded mass, the Holy Eucharist will be distributed by Fr Antony in the hall for those attending this Mass, once the 'live' Sunday 10 am mass has been completed in the Church. Bookings for the regular Sunday 10 am Mass will then include allocations to seating in the hall. We are currently waiting to have Church Services TV installed in the church which will enable us to show live Mass in the hall. Until then we are piloting this system using our recorded service.

We are looking for the following help to enable the above to happen:

- volunteers to attend a trial of this system in the hall on SUNDAY 11<sup>th</sup> October at 1000
- more stewards and those who can run 'youtube' to help with this extension of mass into the hall.

Thank you for your support. Please email <u>icmassbookings@gmail.com</u> if you can volunteer to help and attend the pilot on Sunday 11<sup>th</sup> October.

# VACANCY – PARISH BOOKKEEPER & ADMINISTRATOR – 8 HOURS/WEEK

A vacancy has arisen for the role of Parish Bookkeeper and Administrator to work in our parish office. The role involves management of the Parish's financial requirements as well as an outstanding organisational ability to help keep the parish office running smoothly. Full details of the vacancy and job description plus an application form, can be found on the parish website under 'Documents/Resources' or by clicking on the following link:

https://www.immaculateconception.church/resources
The closing date for applications is 16<sup>th</sup> October 2020.



#### **HOME MADE CHRISTMAS CAKES**



(Not iced/decorated)

- 5lb Rich fruit cake £20
- Smaller Rich fruit cake £12

If you would like to buy one of Lesley's Christmas cakes, please contact her by e mail at <a href="lesleynewman47@gmail.com">lesleynewman47@gmail.com</a> or tel/text 07504455925 for further details.



#### GARDENERS PASS ON THE GREEN BATON!

Each week, for numerous years, **Sue O'Brian and Fran Naylor** have lovingly, and enthusiastically, tended the Lord's garden/vineyard around the church. They have both decided that it is time to entrust the *Green* Baton into younger hands! On behalf of Immaculate Conception Faith Community, I should like to express our sincere thanks and appreciation for their many years of hard work, initiative

and artistic expression. May the Lord truly bless and reward them. They have passed

that *Green Baton* into the hands of Fiona, Jane and Norman and Steve! I should also like to acknowledge and thank Phil, husband of Sarah Schofield, who has also volunteered his gardening skills over the last few months, cutting the grass around the church and the hall on a regular basis.



**WANTED - LIVE IN OR LIVE OUT CARER** to look after, with help from son, an elderly woman with dementia. Hours and salary to be agreed depending on whether you live in or out. If you think you could help, please ring 07709105141 for further details.

# **BISHOPS WEEKLY NEWSLETTER – E NEWS**



Latest round up of news from the Bishop and around the Diocese. Lots of

interesting notices, articles, reflections, online events, and videos and other opportunities both locally and further afar. Click on the logo for access.

# PORTSMOUTH DIOCESE VOCATIONS NEWSLETTER



Click the picture for an update on vocations around the diocese: Seminarians Ordinations Novices

### QUIZ CORNER (Answers at bottom of the next page – p6)

- 1. Where am I? I am the site where Sister Reinolda May, a member of the Benedictine Sisters of Tutzing, had ten visions between 22 August 1955 and 2 May 1971
- 2. Who am I? I am the first missionary to Northumbria and converted King Edwin. I was born in Italy in 644. I am the patron saint of Rochester.
- 3. What am I? First built by the Spanish in 1587-1606, I am the oldest church in the Phillipines. I was the only survivor of the historical walled city of Intramuros which was destroyed in WW2.
- 4. Who said? 'By your work you show what you love and what you know'.

CATHOLIC BISHOPS' NEWS can be found at: <a href="https://www.cbcew.org.uk/home/news-and-media/">https://www.cbcew.org.uk/home/news-and-media/</a> CATHOLIC NEWSPAPERS FROM AROUND THE UK free online: <a href="http://www.churchpaper.co.uk">http://www.churchpaper.co.uk</a>

#### SOUTHAMPTON CITY COUNCIL HELP AND SUPPORT

https://www.southampton.gov.uk/coronavirus-covid19/i-need-help.aspx

### and CITY CORONAVIRUS UPDATE FOR THIS WEEK

https://content.govdelivery.com/accounts/UKSOUTHAMPTON/bulletins/2a25959

**PARISH WEBSITE:** Don't forget you can access many resources on the parish website by going to this link. <a href="https://www.immaculateconception.church/downloads">https://www.immaculateconception.church/downloads</a> Go to documents/resources.

#### RETROUVAILLE: A PROGRAMME FOR COUPLES STRUGGLING IN THEIR MARRIAGES

Do you feel alone? Are you frustrated or angry at each other? Do you argue or have you just stopped talking to each other? Does talking about it only make it worse? 'Retrouvaille' (pronounced retro-vi with a long i) teaches couples how to survive times like these in their marriages. This programme has helped tens of thousands of couples experiencing difficulty at all levels of marital distress from disillusionment to deep misery. There is no group therapy or group work. Some couples come to Retrouvaille during the initial signs of a marriage problem. Other couples are in a state of despair and hopelessness when they attend the programme. Some couples have been married for many years, while others have been married only a short time. For confidential information about Retrouvaille, or to register for the next programme, a virtual weekend commencing on 12th -15th Nov 2020, call or text 0788 7296983 or 0797 3380443. Email retrouvailleukinfo@gmail.com or visit www.retrouvaille.org.uk

# **VACANCIES FOR FOUNDATION GOVERNORS**

**HOLY FAMILY CATHOLIC PRIMARY SCHOOL, SOUTHAMPTON** are looking for a number of new Foundation Governors. The governors of a Catholic school work as a team, in close co-operation with the Head Teacher and all the staff. Foundation Governors are personally appointed by the Bishop of Portsmouth to diocesan schools to represent his interests and those of the Catholic community as a whole. In addition to the general work of the governing body, foundation governors are appointed specifically to ensure:

- that the religious character of the school is preserved
- that the school is conducted in accordance with its trust deed
- that the religious education curriculum is in accordance with the Bishop's policy for this Diocese

More information on the role is available at the following link: https://www.holyfamilylive.net/governors/

Anyone interested in the mission of foundation governor should not be put off by a lack of experience. Appropriate training is available during the period of service. If you are interested in this role, nomination forms are available from the school office (info@holyfamilylive.net or tel 02380 773264) or from:

Catholic Academies and Schools Office, St Swithun Wells House, 22 Edinburgh Road, Portsmouth PO1 1DH governors@portsmouthdiocese.org.uk

Tel: 023 9289 3600

QUIZ ANSWERS (1) The Ngome Marian Shrine is dedicated to the Blessed Virgin Mary in Ngome, KwaZulu-Natal, 2) St Paulinus of York (3) San Agustin Church, Manilla. (4) St Bruno of Cologne



6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> October
7.30 pm – 8.30 pm
This is an online event run by Care for the Family. Register to attend at: <a href="https://www.careforthefamily.org.uk/e">https://www.careforthefamily.org.uk/e</a> vents/events-online/raising-faith

Just fifty per cent of children growing up in Christian homes will go on to have their own faith as adults. As parents, if we want to encourage our children to find a faith that lasts, we need to model a faith that is real. At Raising Faith, Katharine Hill and Andy Frost will share ideas to help you; explore your children's questions, encourage them to be connected in church community and inspire them to discover God in the everyday. These moments can be the foundations they build on for years to come. Whether you're a parent, grandparent or simply love to support parents, this event will help you explore how you can help children find a genuine faith of their own.

This could be a useful opportunity for parents of children making their First Holy Communion.

Care for the family is a national charity motivated by Christian faith, ethos and compassion, committed to supporting strong family life and those who face family difficulties including families of all faiths or none.



#### POETS CORNER.....

#### LETTER OF COMPLAINT

"Dear Mr Ironmonger,
I'm writing to say,
You are guilty of fraud and a fiddle:
A dud spirit-level you sold me today:
The bubble won't stay in the middle."

Dennis B. Wilson



# PODIATRY SERVICES – Health Feet, Health body

Need some help with your feet?

Contact Mabel Namata BSc (Hons) MCP HCPC

Tel: 079383973694

E mail: icpodiatryservices@gmail.com



**LAST WEEK'S QUIZ ANSWERS!** – For those of you who were perplexed at the quiz answers last week, I included the wrong ones! Here are the correct answers......

(1) Nishizaka Hill in Nagasaki (2) Raguel or Jegudiel (3) St Brigid's Church, Sydney Australia(4) St Jerome



# My Spirit rejoices in God my Saviour

How can we, like Mary, use the words of Scripture to praise God?

Mini-retreat for spiritual renewal 24<sup>th</sup> October 10.00-12.45 Mass; Adoration; Praise; Talk by Mgr. John Armitage









Register in advance at bit.ly/ADOREOCT20 More information from www.altonrenewal.com

Please join us for a mini-retreat morning on Zoom and, through our worship at Mass, Adoration of the Blessed Sacrament, prophetic reflection, praise, and inspiring talk, we will find out how the Lord is speaking to us and how we can respond, through the empowerment of the Holy Spirit.

Mass celebrant and guest speaker Monsignor John Armitage is former Rector of the Shrine of Our Lady of Walsingham and closely involved with the rededication of England as "Mary's Dowry" earlier this year.

# Timetable for the day (approximate timings)

9.30am Rosary (not online – say privately)

10.00am Mass, Adoration & reflection

11.15am Praise & Worship 11.30am Speaker and sharing

12.45pm End

1.30-5.00 Telephone Healing Ministry

# Joining details

Please register in advance at <a href="bit.ly/ADOREOCT20">bit.ly/ADOREOCT20</a>
or go to <a href="www.altonrenewal.com/online.html">www.altonrenewal.com/online.html</a> and we will send you the zoom link and password.

Founded in 1975, we are one of the longest running days of Catholic Charismatic Renewal in the country. We are dedicated to the encouragement of a personal relationship with God through His Son Jesus Christ, in the power of the Holy Spirit.

"The Charismatic Renewal is a current of grace of the Spirit for all the Church, not just for some." — Pope Francis

# More information at <u>www.altonrenewal.com</u>

Next meeting: 28<sup>th</sup> November 2020 10.00-12.45 "Do whatever He tells you"

Speaker: David Matthews

# Arrangements for attending Mass October 2020. Date 21st September

During October the Church will be open for Mass only as follows: Sundays: 1000 and 1730 (5.30pm) Tuesdays 1000 (from October 6<sup>th</sup>)

Saturday 1000 – for those with special circumstances- recorded Sunday mass

Email booking: icmassbookings@gmail.com (preferred)

**080024613720** for those with no internet.

For a guaranteed seat you will need to book in advance. However, you can turn up on Sunday on a 'first come, first served basis'. You will need to arrive at least 10 minutes before mass starts and be prepared to wait for vacancies /cancellations. Please acknowledge that you may be disappointed. [Please wait by the garden side of the church and maintain 2 metres social distance]. There are very few places available at present as during October our First Holy Communion children will be receiving their first Sacrament of the Body of Christ. Please remember them in your prayers.

# To make a booking:

- i) Send an email request to this email address: icmassbookings@gmail.com and state
  - a. Your name and address.
  - b. The total number in your household /bubble coming to Mass (let us know if there are under 10s).
  - c. The preference for the day of the week and mass time you wish to attend. (If you can give a second choice that will help if there are too many requests for one Mass time).
  - d. Whether there is a special circumstance (e.g. wheelchair access, working hours)
- ii) Or call this number **0800 2461372** and leave a message. We provide this option for those who have no access to the internet. If you have internet access, please email us. For the time being, you cannot book more than one Mass a week to allow as many people as possible to attend Mass. When your booking is confirmed, you will receive details of your seat and row number in Church. Numbers 1-10 are on the Sacristy side and 11-20 on the Lady Chapel side. Please try to arrive at the recommended time so we can prevent a queue.

Please do let us know if you need to cancel, or make a change, Any alterations or changes will normally be made on Wednesday of each week for the following week and we will do our best to help you. Just let us know if you have a query.

Access for those with disabilities/ children's buggies- So that we can plan your seating and comfort, kindly advise us if you require any of the following:

- ramp access for those who cannot manage steps
- 2 wheelchair or extra leg room space
- children's buggies

### NHS Track and Trace.

As you know, we are currently required to take a record of everyone who attends to support the NHS track and trace system. The Government has requested that details are

kept of those who have attended the church, for three weeks in case it is needed for track and trace purposes. It also allows us to pre plan the seating in the church which, as with all public buildings, currently has very limited capacity. To save time when you arrive, if you have not already given permission for NHS Test and Trace, please complete the form overleaf and return it to the porch/office. This is also available on the web. We still need some volunteer stewards, readers and those who can manage the slides for some masses,. So do let us know if you are not in a vulnerable category and can help. This involves for stewards:

- Welcoming people into the church and helping people with their hand sanitizing
- Assisting with the communion line and preparing the altar
- Helping people to leave the church
- Cleaning the church after the mass (PPE is provided).

# Some guidance notes from the Diocese/Government

# **Arriving:**

- The Church will normally be open 30 minutes before the service commences. If possible, please try to stagger your arrival to avoid queuing outside the church (particularly in wet weather!)
- Please do not congregate outside the church before the service begins and maintain your 2 metres between household 'bubbles'.
- There is a one-way system operating in the church, with the entrance through the main porch and exit through the side fire exits
- The porch is very small, so we can only accommodate 2 people at a time in the porch.
- A steward will then show you straight to your seat do not sit on seats marked with yellow hazard tape as they are marking out the social distance

# **During the Service:**

- Please keep conversations to a minimum within the church to reduce droplets.
- Throughout the service we will remain seated as this helps to maintain social distance.

# **Holy Communion:**

- We will be receiving Holy Communion on the way out. The stewards will guide you. When it is time for Holy Communion the Presiding Priest will say 'Body of Christ' to us all and we respond together by saying 'Amen'. If you are receiving Holy Communion, please then wait for the stewards to guide you. Any face coverings must be removed to receive Holy Communion. Communion is normally given in the hand. Place the palm of your hand *out flat* -one hand supported by the other towards the Priest.
- Everyone must leave in line, so if you do not wish to take Holy Communion, please come forward and just nod to the Priest and depart through the exits. Alternatively, if you would like a blessing, just cross your hands in front of your chest.

# Leaving the church:

- Please leave the church via the exit with the shortest queue
- Collection boxes are available for offerings on the way out. Where possible, please bring gift aid envelopes or an ordinary envelope with your gift aid number on it.
   Unless otherwise specified, donations are for the general running of the church.
   Please mark clearly 'second collections'.
- The Government has asked that worshippers 'leave promptly' after the service and maintain social distance of course!

# **Additional Information:**

- Toilets are available if necessary, please draw the attention of the steward and they will guide you.
- Emergency personal water, medicinal and baby feeding is permitted, otherwise there is no eating or drinking in the church.

#### Guidance on how to wear face-coverings/masks

✓ <a href="https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-when-to-wear-own/tace-coverings-

#### A video from the World Health Organisation

https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks

https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/posters/COVID19-PPE-Safe-Mask-Wear-Poster.pdf

#### Guidance on how to sanitise your hands

https://www.youtube.com/watch?v=ZnSjFr6J9HI

This is also found on the noticeboard as you enter church or on this website