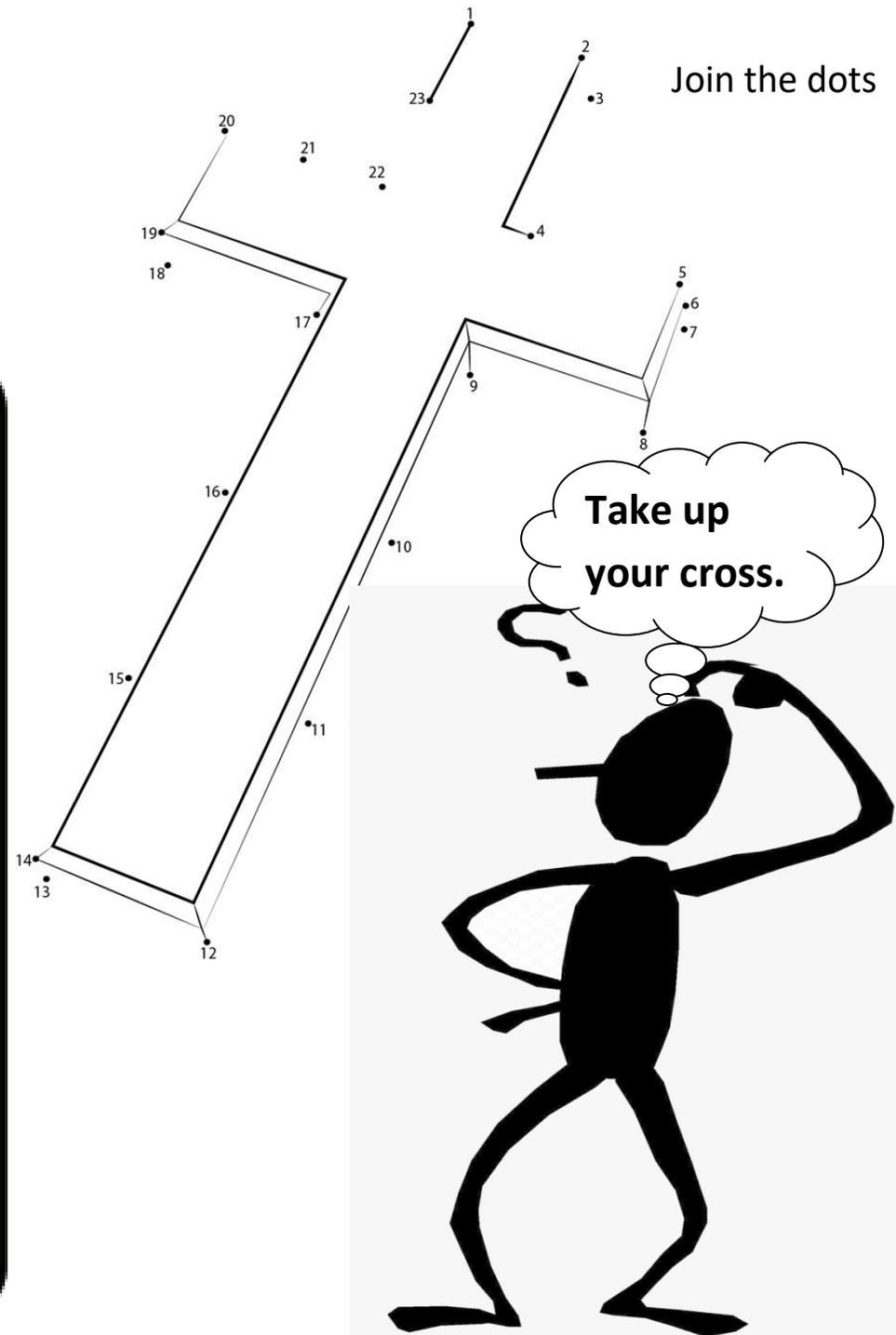


**30th August 2020 22nd Sunday of the year**  
**Young people's activities**  
**Immaculate Conception R.C. Church,**  
**Matthew chapter 16 verses 21-26**

Jesus began telling his disciples what would happen to him. He said, "I must go to Jerusalem. There, the chief priests, and the teachers of the Law of Moses will make me suffer terribly. I will be killed, but three days later I will rise to life. ." Peter took Jesus aside and told him to stop talking like that. He said, "Lord, surely God won't let this happen to you!" Jesus turned to Peter and said,

"Satan, get away from me! You're in my way because you think like everyone else and not like God." Jesus said to his disciples: "If any of you want to be my followers, you must forget about yourself. You must **take up your cross** and follow me. If you want to save your life, you will destroy it. "But if you give up your life for me, you will find it."



Do you like to do difficult things when you can see an easier way? Sometimes we need to do the right thing, even if it is hard. Jesus tells us that we should not try to take the easy way out, but to follow his way, even when it is hard. When we are trying to live as Jesus tells us and finding it very hard, should we give up easily? How can we manage to do the hard and difficult things that being a follower of Jesus requires of us?

Making the right choice isn't always easy but asking Jesus for help is.....We can pray.

We don't always need to say a prayer. We can just talk to Jesus just as we would talk to a friend stood next to us or on the phone.

Making the right choice, not always doing what we want or what is easy , that is our cross.



Working hard when I'd rather be outside playing



Sharing something that I really would like to keep for myself.



I can follow Jesus by helping others.

Helping someone when it would be easier to ignore them.



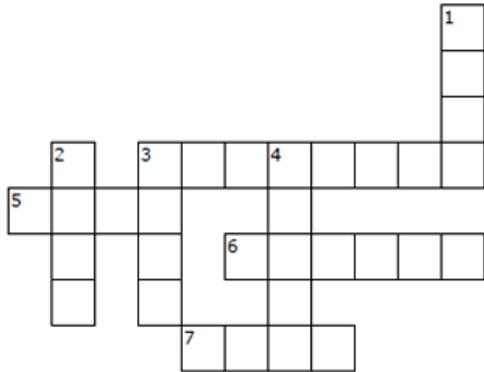
Tidying my room when I would rather watch TV

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# Take Up Your Cross

Then Jesus said to his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me. Matthew 16:24 (NIV)

Based on Matthew 16:22-28 (NIV)



## ACROSS

3. One who believes in Christ and follows his teachings
5. The period between birth and death
6. To accept the leadership of someone
7. To no longer have something because it has been taken away from you or misplaced

## DOWN

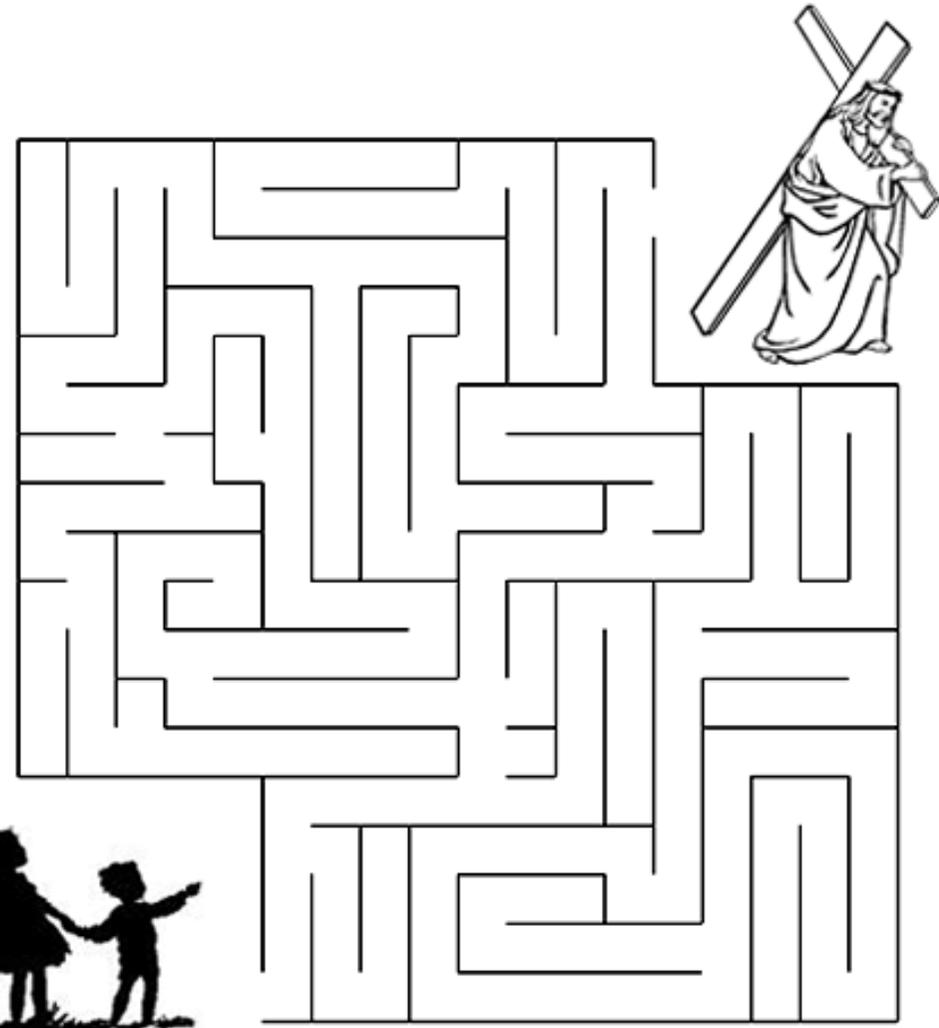
1. To keep something from harm or loss
2. To discover something unexpectedly or as a result of a search
3. To refuse to allow yourself to have something you want
4. The object upon which Jesus was crucified

FIND	LIFE	DISCIPLE	FOLLOW
DENY	CROSS	SAVE	LOSE

# Take Up Your Cross Maze

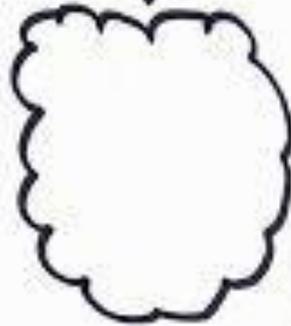
Take up your cross and follow Jesus!

Can you find the path to Jesus?



# Following Jesus

This week  
I will follow  
Jesus by  
doing this



Colour in  
the foot  
day by  
day as you  
follow Jesus!

Lord God  
help me to be a  
disciple this  
week.  
Amen

## Your task this week

Colour in the Foot each day as you follow Jesus and remember you can ask Jesus for help when it isn't easy. Talk to him, as if he is stood next to you or on the phone

# Jesus Is My Friend

